

## Site

Ingeus

## Name of project / initiative

Music Workshops

## Overview

Ingeus' music workshops, delivered in partnership with the organisation All Star Youth at HMPs Moorland and Humber, are for prisoners aged 18-24. They offer the young men the opportunity to take part in small groups, over a 4 week, 2 day p.w., programme, in writing and performing their own music and lyrics, as well as designing covers for their music – leading to entry level and L1 qualifications in the arts. The course is open to anyone aged 18-24, but with a focus in particular on those who may be struggling to engage with the wider regime, including those who are self isolating and those whose behaviour is especially challenging – while those unable to work in a group can also take part on a 1-2-1 basis. Many of the participants take the opportunity to express their feelings, and reflect on their past, present and future, in the music they produce.

## Its impact

The programme is very popular among the young men and has received positive feedback from prison staff, who report that it has had a profoundly positive impact on the behaviour and engagement of many of the young men who have taken part.

## What's special about it

Ingeus feel that this programme is an especially effective and impactful way of engaging with a traditionally hard-to-reach group, especially those who are self isolating, vulnerable, or otherwise challenging in their behaviour.

## Wider applicability

Ingeus believe that a similar approach could be of benefit with young adults across the custodial estate.

## For more information:

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See also: [Knowx.uk/Ingeus-KBT23\(2\).pdf](https://www.knowx.uk/Ingeus-KBT23(2).pdf) [Music Workshops flyer];  
<https://www.linkedin.com/pulse/becoming-all-star-impact-programme-co-financing-organisation/> [online article] &  
<https://www.allstar.org.uk/about> [All Star Youth website]